## W6: From Bleeds to Balance

Multidisciplinary Strategies in Long-Term Hemophilia Management

### 31 Jul 2025 | Venue: ECHO Room, PGICH

#### **Objectives:**

- 1. **Enhance interdisciplinary understanding** of long-term hemophilia care, with emphasis on the integration of medical, physical, and psychological approaches to improve patient outcomes
- 2. **Promote effective communication and patient empowerment techniques** that support self-management, treatment adherence, and the psychological well-being of individuals across all age groups living with hemophilia.

#### Target audience:

Doctors, Nurses, Rehabilitation specialists involved in care of People with Hemophilia

#### Workshop coordinators

Dr. Archit Pandharipande, Ms. Priyanshi Tyagi and Mr. Khaleel Ahmed

TIME	TOPIC	
10:00-10:30	Registration	
TIME	TOPIC	Speaker
10:30-11:00	Introduction and workshop objectives	Dr. Archit Pandharipande
11:00-11:20	Defining outcome in Hemophilia care	Dr. Ritika Khurana
11:20-11:40	Role of physical activity in Hemophilia care	Dr. Naresh Gupta
11:40-12:00	Role of novel antihemophilic agents in aiding physical rehabilitation	Dr. Priyanka Agarwal
12:00—12:20	Joint assessment in Hemophilia – Hands on	TBD
12:20—12:40	Care at home for hemophilics	Ms. Priyanshi Tyagi
12:40-13:00	Counseling strategies and addressing challenges in Hemophilia care	Dr. Richa Mohan
13:00-14:00	Distribution of certificates followed by LUNCH	

# W6—Faculty

Speaker	Affiliation
Dr. Archit Pandharipande	Associate Consultant, Department of Hematology, Rajiv Gandhi Cancer Institute, Delhi
Dr. Ritika Khurana	Consultant, BJ Wadia Children's Hospital, Mumbai
Dr. Naresh Gupta	Chairperson, Hemophilia and Health Collective of North
Dr Priyanka Agarwal	Associate Professor, Department of Pediatrics, Benaras Hindu University, Varanasi
Ms. Priyanshi Tyagi	Nursing officer, PGICH, Noida
Dr. Richa Mohan	Senior Consultant, Clinical Psychology, Empowering Minds, Ghaziabad